

- JOB TITLE:** Mental Health First Aid Advocate
- LOCATION:** The Diocesan Office, St Nicholas Church, Boley Hill, Rochester, ME1 1SL
- GRADE:** Grade 5
- REPORTING TO:** Lead Children and Young Peoples Missions and Ministry Adviser

#### **PURPOSE OF JOB**

Contribute to the Mission & Mission of young people by encouraging good mental health and wellbeing for and with young people and their guardians through the facilitation of MHFA England Youth & Youth Awareness Sessions for adults and young people throughout the diocese.

To be a young people's MHFA Advocate within the Diocese when required.

#### **PRINICIPAL ACCOUNTABILITIES**

1. Attend & pass the MHFA England Youth Instructor Training Programme
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3. Maintain up to date knowledge of MHFA England guidance and resources
4. Work collaboratively with parishes to facilitate and deliver the MHFA England Youth & Youth Awareness Sessions across the diocese to both young people and adults
5. Deliver highly effective MHFA training in line with MHFA England's guidance and standards, ensuring learning outcomes across all delegates.
6. Respond manage appropriately delegates queries around the the complexities of Mental Health First Aid.
7. Be a point of contact & Youth MHFA Advocate for parishes offering expertise to churches, in encouraging good mental health and wellbeing for and with young people and their guardians
8. Provide professional MHFA support and development for those called to work with Young People
9. Provide a periodic overview of attendance, outcomes and data, to MHFA England and to the Team Lead Children & Young People Mission & Ministry Adviser and work closely to ensure consistency across the Diocese.
10. Liaise with parishes and CYP Team PA for suitable venues for facilitation to occur within Archdeaconry.

11. Manage resources effectively within budget.
12. Encourage and facilitate collaboration between parishes and clusters where appropriate.
13. Facilitate the sharing of good practice in working with Young People and MHFA between parishes and deaneries across the Archdeaconry.
14. Develop working partnerships with external service providers.
15. Carry out other reasonable tasks assigned by the Lead Children & Young People Mission & Ministry Adviser

## **SKILLS AND EXPERIENCE**

- Previous experience in working with young people
- Excellent communication skills
- An interest and understanding of the impact of mental health on young people and a desire to make a difference
- An experienced trainer/facilitator
- High ability to create a good learning environment
- Excellent Time management and organisational skills
- A collaborative worker who can work successfully as part of busy team while able to be self-motivated
- Previous experience in record keeping, project administration and report writing
- The Diocese is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All post holders and volunteers are expected to share this commitment.
- This role will require an enhanced DBS check

The church takes the safety of everyone within the church very seriously and expects that everyone will work within the church safeguarding policy. In particular, the church expects anyone who becomes aware of a safeguarding risk or of actual abuse, to immediately raise this with their manager or safeguarding officer.

## **COMPETENCIES**

**Achievement Drive** – A desire to meet or exceed standards, welcoming feedback, and continually seeking to improve. It includes staying focused on goals over an extended period of time.

**Relationships** – The ability to understand the perspectives, feelings and concerns of others and initiate, build and maintain relationships in a mutually beneficial way. Recognise one's own feelings and those of others and manage emotions effectively.

**Persuasiveness** – The ability to convince others of a view, conclusion, position etc. Communicating in an impactful way, tailored to one's audience.

**Problem Solving** – The ability to investigate and breakdown a problem or situation into its component parts, identifying implications and the key underlying issues and establish possible solutions.

**Independence** – A demonstrated belief in one's capability to select an appropriate approach to a situation. It includes confidence in one's judgement or opinion and showing resilience in adversity. Know when to seek the support and advice of others.



Adaptability – The ability to adapt one's behavioural style or method of approach where necessary to achieve a goal. Responds to change with a positive attitude and demonstrates a willingness to learn new ways to accomplish objectives.

Teamworking – The willingness and ability to work co-operatively and collaboratively with others toward a shared goal, contributing actively to the team. Builds positive relationships and a sense of pride within the team.